



CENTER FOR EQUINE THERAPY

CORONAVIRUS DISEASE COVID-19

ACTION PLAN AND PREPAREDNESS

Southern Reins has been closely monitoring the Coronavirus Disease 2019 (COVID-19).

As of March 13, 2020, all lessons scheduled at our Collierville and DeSoto Campuses have been cancelled until the Tennessee Department of Health and Mississippi State Department of Health advise that it is appropriate for services to resume at our Collierville and DeSoto locations.

We are following the latest guidance from the Centers for Disease Control (CDC), and have implemented our *Infectious Disease Response Plan* to ensure the health of our participants, volunteers and staff:

GENERAL PRECAUTIONS

- ✓ Stay home if you are sick
- ✓ Wash your hands often with soap and water for at least 20 seconds
- ✓ Use alcohol-based hand sanitizer
- ✓ Avoid touching your eyes, nose, and mouth with unwashed hands
- ✓ Avoid close contact with others, especially those who are sick
- ✓ Clean and disinfect frequently touched objects and surfaces
- ✓ Cover your cough or sneeze with a tissue, then throw the tissue in the trash

CENTER PROTOCOL DURING CLOSURE

- ✓ Staff and volunteers who have had close contact with someone who may have COVID-19 or who visited an affected region are required to self-quarantine for a period of 14 days
- ✓ Only staff and critical barn/equine volunteers are to be on property
- ✓ All high touch barn areas will be sanitized three times daily
- ✓ All high touch office areas will be sanitized two times daily
- ✓ The center will remain closed to visitors until we re-open for lessons

CENTER PROTOCOL WHEN LESSONS RESUME

- For instructors and volunteers - before and after each lesson:
- ✓ Instructors and volunteers will disinfect hands
 - ✓ Volunteers will wipe reins with disinfectant and other tack if needed
 - ✓ Volunteers will spray brush handles with disinfectant
 - ✓ Helmets will be disinfected before and after each use

Considering the unusual nature of the COVID-19, Southern Reins will continue to follow recommendations by our medical advisors, the CDC, Tennessee Department of Health, and Mississippi State Department of Health.

For more information about preventing the spread of COVID-19, visit the CDC website:

<https://www.cdc.gov/coronavirus/>